

BOOK DIRECTLY

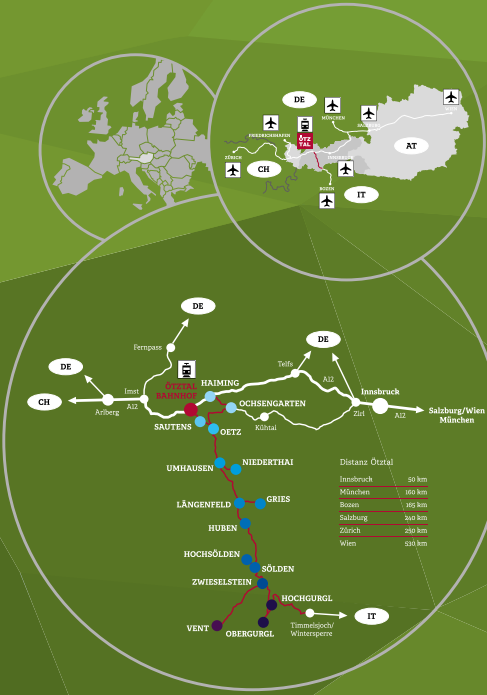
All hikes, workshops and company tours can be easily booked online via QR code! Guests of Nature Park partner businesses are asked to book directly at the reception of their accommodation!



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EVENTS & GUIDED WALKS 2023

SUMMER PROGRAM



naturpark-oetztal.at/hiking



oetztal.com/experiences

GOOD TO KNOW AND COSTS

- Booking ONLY required for hikes, workshops and company tours! Booking deadline is 5 p.m. the day before.
- Hikes € 20,00 per adult, children born in 2017 (and younger) FREE OF CHARGE.
- Weekly hikes, lectures & other individual events: For guests of Nature Park partner businesses and Ötztal Summer Card holders FREE (excl. additional costs), unless otherwise stated!
- Participants (single events): min. 1/ max. 15 persons – unless noted otherwise!
- For guests of Nature Park partner businesses – booking possible directly at the reception of the accommodation
- Weekly hikes from 06 June – 20 October 2023
- Ötztal Summer Card valid 3 June – 03 October 2023
- You take part in the hikes/events at your own risk – hiking equipment absolutely required: sturdy hiking boots, warm clothes, rainwear, sunscreen, food, enough to drink
- Program may be changed/postponed at short notice (in case of unfavorable weather) by the organizing team.
- Disclaimer: Information given in this folder was collected accurately but no responsibility is accepted for the correctness of all details. The publisher is not liable for any accidents or damages caused by the use of this folder. Literal and typesetting mistakes excepted.

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WEEKLY HIKE AND EVENTS

MONDAY

**KÖFLER WAALWEG TRAIL** **UMHAUSEN** **HIKING**  
INTERMEDIATE, time 5hrs, ↑580 m ↓800 m  
Meet here: 9:30 a.m., Ötztal Tourismus - Umhausen  
Return: approx. 4:00 p.m.

**GLACIER EXPLORATION** **GURGL** **HIKING**  
INTERMEDIATE, time 5hrs, ↑130 m ↓800 m  
Meet here: 9:00 a.m., Ötztal Tourismus - Gurgl  
Return: approx. 4:00 p.m.

**ARNIKA, ÖTZI & MORE ...** **VENT** **HIKING**  
INTERMEDIATE, time 4hrs, ↑↓450 m  
Meet here: 9:45 a.m., Ötztal Tourismus - Vent  
Return: approx. 4:30 p.m.



[iü] REED MOWING AT LAKE PIBURG SAT, 21 OCT., 10:00 A.M.  
We meet us at Hotel Seerose in Oetz/Piburg and remove dead reeds, cut the young trees and remove them. Every helping hand is very welcome! Duration until about 3 p.m.

WEEKLY HIKE AND EVENTS

TUESDAY

**LANTERN LIGHT ADVENTURE** **FRONT VALLEY** **HIKING**  
EASY HIKE, time ½hr, ↑↓90 m  
Meet here: 7:30 p.m., pool Oetz, WIDIs Sommernest  
Return: approx. 10:00 p.m.

**PASTURE HIKE** **UMHAUSEN** **HIKING**  
INTERMEDIATE, time 5hrs, ↑500 m ↓750 m  
Meet here: 8:30 a.m., Ötztal Tourismus - Niederthai  
Return: approx. 3:30 p.m.

**UNIQUE NATURAL HERITAGE** **LÄNGENFELD** **GUIDED TOUR**  
GUIDED TOUR through the multimedia exhibition  
Meet here: 11:00 a.m., Nature Park House - Längenfeld  
Duration: approx. 45 minutes

**FASCINATION ALPINE FLOWERS** **SÖLDEN** **HIKING**  
DEMANDING, time 4,5hrs, ↑400 m ↓1050 m  
Meet here: 9:50 a.m., Ötztal Tourismus - Sölden  
Return: approx. 5:00 p.m.

WEEKLY HIKE AND EVENTS

WEDNESDAY

**PIBURG LAKE AND SEEJÖCHL** **OETZ** **HIKING**  
INTERMEDIATE, time 4hrs, ↑↓400 m  
Meet here: 8:45 a.m., Ötztal Tourismus - Oetz  
Return: approx. 2:00 p.m.

**4 LAKES TRAIL** **LÄNGENFELD** **HIKING**  
DEMANDING, time 7hrs, ↑1000 m ↓1050 m  
Meet here: 8:00 a.m., Ötztal Tourismus - Längenfeld  
Return: approx. 4:45 p.m.

**NATURE PARK RESEARCHERS' AFTERNOON** **LÄNGENFELD** **FAMILY**  
RESEARCHERS' STATION for the young & old  
Meet here: 2:00 p.m., Nature Park House - Längenfeld  
Duration: approx 4:30 p.m.

**GLACIERS, GEOLOGY & HISTORY** **VENT** **HIKING**  
INTERMEDIATE, time 4hrs, ↑↓600 m  
Meet here: 9:45 a.m., Ötztal Tourismus - Vent  
Return: approx. 4:30 p.m.

WEEKLY HIKE AND EVENTS

THURSDAY

**2-SUMMITS TOUR** **UMHAUSEN** **HIKING**  
DEMANDING, time 6hrs, ↑800 m ↓1100 m  
Meet here: 8:30 a.m., Ötztal Tourismus - Niederthai  
Return: approx. ca. 4:00 p.m.

**PLACE OF STRENGTH: LEHNER WATERFALL** **LÄNGENFELD** **HIKING**  
EASY HIKE, time 3hrs, ↑↓300 m  
Meet here: 10:00 a.m., Ötztal Tourismus - Längenfeld  
Return: approx. 3:00 p.m.

**ETZTOLER MARGGET** **LÄNGENFELD** **SMALL MARKET**  
The small, fine Ötztal market  
Meet here: 2:00 p.m., Nature Park House - Längenfeld  
End: approx. 4:30 p.m.

**PANORAMA TRAIL TO VENT** **VENT** **HIKING**  
INTERMEDIATE, time 5hrs, ↑110 m ↓960 m  
Meet here: 9:10 a.m., Ötztal Tourismus - Sölden  
Return: approx. 4:00 p.m.

EVENTS

SAT, 03 JUNE 23

**ON THE TRAIL OF AMPHIBIANS & REPTILES** **HAIMING** **HIKING**  
INTERMEDIATE, time 3hrs, ↑↓500 m  
Meet here: 9:00 a.m., Silzer Sattelle - parking  
Return: approx. 3:00 p.m.

SAT, 10 JUNE 23

**SHEEP DRIVE TO SUMMER QUARTERS** **VENT** **HIKING**  
INTERMEDIATE, time 6hrs, ↑↓600 m  
Meet here: 7:30 a.m., Ötztal Tourismus - Vent  
Return: approx. 5:00 p.m.

MON, 19 JUNE 23

**SUSTAINABILITY WHAT IS THAT?** **LÄNGENFELD** **TALK**  
WORKSHOP with discussion (in German)  
Meet here: 8:00 p.m., Nature Park House - Längenfeld  
Duration: approx 1.5 hrs

WEEKLY HIKE AND EVENTS

FRIDAY

**SUMMIT BREAKFAST WITH A VIEW** **FRONT VALLEY** **HIKING**  
INTERMEDIATE, time 3hrs, ↑↓400 m  
Meet here: 7:30 a.m., valley station Acherkogel gondola  
Return: approx. 1:00 p.m.

**MIRACLE FIBER WOOL** **UMHAUSEN** **GUIDED TOUR**  
GUIDED TOUR, German, English or Italian  
Meet here: 9:30 a.m., Schafwollzentrum - Umhausen  
Return: approx. 45 minutes

**FASCINATION TAUFERBERG** **LÄNGENFELD** **HIKING**  
INTERMEDIATE, time 3hrs, ↑↓435 m  
Meet here: 8:45 a.m., parking bridge Ötztal river in Au  
Return: approx. 4:30 p.m.

**ON THE TRAIL OF GARNET GEMSTONES** **OBERGURGL** **HIKING**  
INTERMEDIATE, time 4,5hrs, ↑↓585 m  
Meet here: 9:00 a.m., Ötztal Tourismus - Gurgl  
Return: approx. 3:30 p.m.

EVENTS

FRI, 14 JULY 23

**WATER AND ICE** **GURGL** **TALK**  
TALK (in German)  
Meet here: 8:00 p.m., Gurgl Carat - Oberurgl  
Duration: approx. 9:30 p.m.

SAT, 16 JULY 23

**NATURE PARK FAMILY FESTIVAL** **LÄNGENFELD** **FAMILY**  
Info-booths, provisions, theater performance  
Start: 1:00 p.m., Nature Park House - Längenfeld  
Duration: approx. 5:00 p.m.

FRI, 21 JULY 23

**BAT NIGHT** **OETZ** **HIKE + LECTURE**  
EASY HIKE, time ¾hrs  
Start: 8:00 p.m., Hotel Seerose - Oetz/Piburg  
Duration: approx. 10:00 p.m.

WEEKLY HIKE AND EVENTS

SATURDAY

**ON FARMER'S TRACKS ...** **SÖLDEN** **HIKING**  
EASY HIKE, time 2hrs, ↑20 m ↓450 m  
Meet here: 10:00 a.m., Ötztal Tourismus - Sölden  
Return: approx. 2:30 p.m.

SUNDAY

**SUNRISE & MOUNTAIN BREAKFAST** **SÖLDEN** **HIKING**  
INTERMEDIATE, time 4hrs, ↑470 m ↓400 m  
Meet here: June + July 05:30 am., Aug. 5:45 a.m., Sept. 6:00 a.m., Ötztal Tourismus - Sölden  
Return: approx. 12:30 p.m. (depending on start time)

**ON THE TRACKS OF ÖTZI** **OBERGURGL** **HIKING**  
INTERMEDIATE, time 4hrs, ↑↓400 m  
Meet here: 10:00 a.m., Ötztal Tourismus - Gurgl  
Return: approx. 3:30 p.m.

EVENTS

SAT, 19 AUG. 23

**DRINKING WATER IN LÄNGENFELD** **LÄNGENFELD** **HIKING**  
EASY HIKE, time 2,5hrs, ↑↓300 m  
Meet here: 10:00 a.m., Nature Park House - Längenfeld  
Duration: approx. 3:00 p.m.

TUE, 05 SEPT. 23

**STARGAZING** **VENT** **LECTURE AND STARGAZING EVENT** as part of VENT UNPLUGGED  
Meet here: 9:30 p.m., Ötztal Tourismus - Vent  
Duration: approx. 2.5 hrs

THU, 21 SEPT. 23

**MOVIE - WHAT FISH WANT** **LÄNGENFELD** **MOVIE**  
FILM screening with discussion (in German)  
Meet here: 8:00 p.m., Nature Park House - Längenfeld  
Duration: approx. 9:30 p.m.



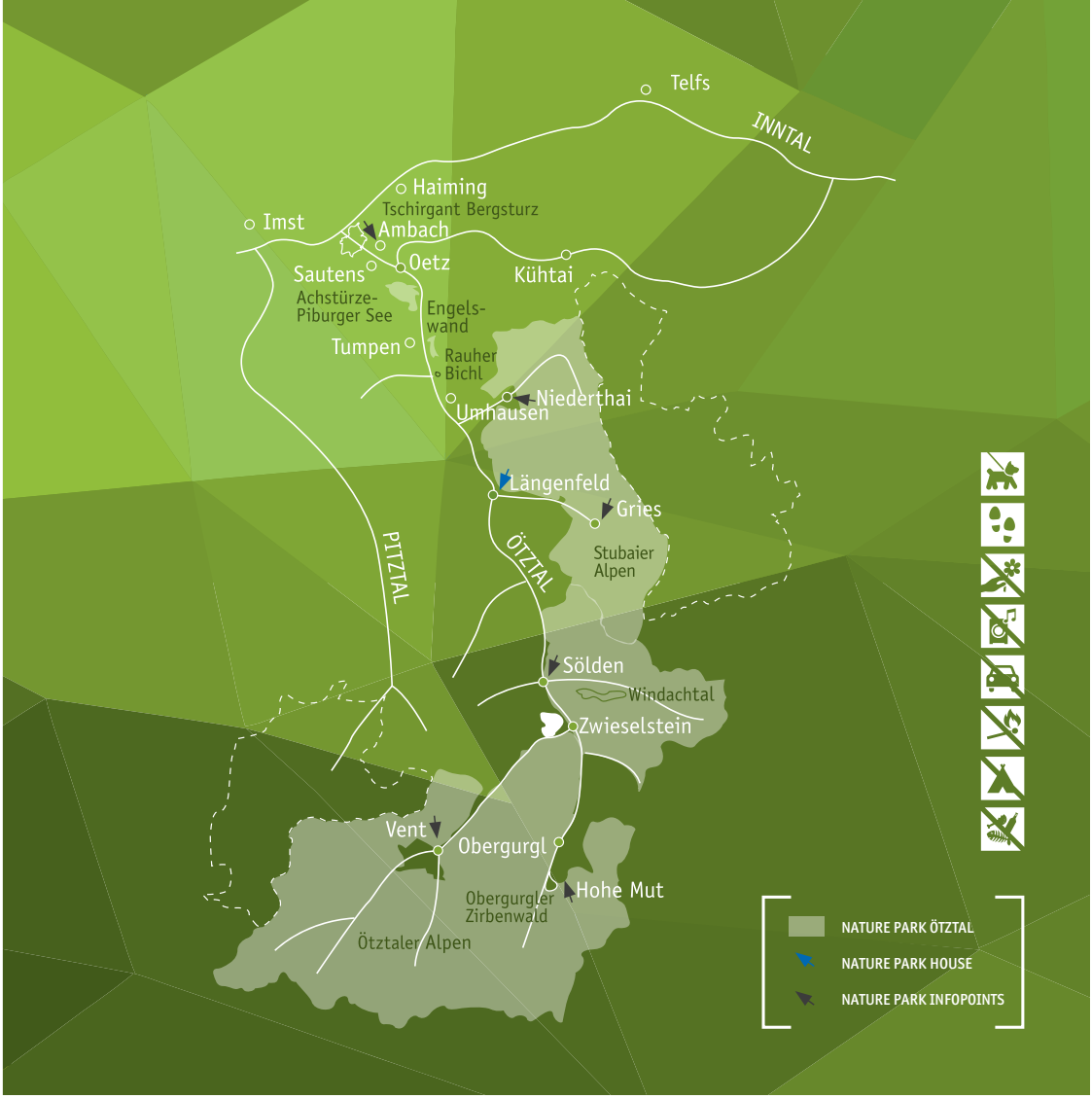
# ÖTZTAL NATURE PARK SHORT PROFILE



The ÖTZTAL NATURE PARK comprises different environmentally protected areas in the Ötztal. The protected area stretches from the valley floor up to high Alpine glacier regions. Its highest point is Wildspitze peak at 3.768 m above sea level. The mountain villages of Vent (cradle of the Alpine Association) and Obergurgl (Tirol's highest parish), as well as Niederthai/Umhausen and Gries/Längenfeld are located right at the heart of the ÖTZTAL NATURE PARK – making a perfect base for mountain exploration.

The splendid ÖTZTAL NATURE PARK comprises a number of almost untouched, protected mountain areas in the Ötztal Alps and Stubai Alps which are characterized by fascinating high Alpine landscapes and huge glacier regions. The unspoilt forest areas in Sölden's Windachtal feature century-old stone pine populations. The precipitous Engelswand rock face near Umhausen, an official Tirolean and European Natura 2000 Preserve, offers an insight into the varied flora and fauna in an almost vertical habitat. Another protected area can be found at the entrance to the Ötztal: the huge Achstürze-Piburger See region boasts an idyllic mountain lake amidst a huge rockslide area.

The 5 main aims of the ÖTZTAL NATURE PARK are to protect nature, preserve unspoilt landscapes, increase recreational values and promote scientific and cultural research in the region. Both the ÖTZTAL NATURE PARK association and administration office can be found in Längenfeld.



**WÖFFI  
HIKING AND  
PUBLIC TRANSPORT**



Mobile Timetable - The fastest link to your destination with  
[vvt.at/smartride](http://vvt.at/smartride)

**THE VALLEY'S BUS LINES**

Explore Tirol's longest side valley by bus. Thanks to a huge number of 111 bus stops spread all over the region, you can easily reach the highlights in the Ötztal by public bus. You can easily reach most of our events by using public bus lines running on a regular basis within the valley! With the Ötztal Summer Card you can use the public transport free of charge, for Guest Card holders at a reduced rate.

[vvt.at](http://vvt.at) oder [oetztaler.at](http://oetztaler.at) T +43 (0)5254 3550

Bus lines Ötztal  
[www.oetztaler.at/linienverkehr](http://www.oetztaler.at/linienverkehr)



## FAMILY-ATTRACTION NATURE PARK FAMILY FESTIVAL

„SUSTAINABILITY - WATER“

In 2015, the UN adopted 17 goals for a more sustainable world. Until today, unfortunately, far too few people know them. In order to shed light on the background of this global approach and to raise awareness for its implementation in the Ötztal, 7 experience booths on the topic of „sustainability“ will be presented under the aspect of water at this year's family festival.

The biggest surprise comes at the end. Motivated children can work out a play on the topic of water with our theater pedagogue Astrid starting at 2 p.m. and perform it on our stage as a grand finale. Clear the stage, raise the curtain!

### PROGRAM

1:00 p.m.	start
1:00-4:30 p.m.	stations
2:00 p.m.	meeting place stage for children interested in theater performance
4:30-5:00 p.m.	

Meet here  
Cost  
Provisions  
Bus

Parking

Whats more  
Tip



[www.naturpark-oetztal.at/family-festival](http://www.naturpark-oetztal.at/family-festival)



**NATURE PARK  
HOUSE**



Our  
Travel  
Tip

**MULTIMEDIA NATURE EXPERIENCE EXHIBITION**

The NATURE PARK HOUSE in Längenfeld provides a unique information hub for nature in Ötztal. The dual language (ger/eng) multimedia nature EXPERIENCE exhibition shows - across close to 300m² - the outstanding features of the plants, animals and habitats of Ötztal. Ultra-modern display methods such as holograms, virtual reality glasses and sense stations are used, as are clear display boards, pictorial presentations and carefully made exhibits.

**OPENING HOURS:** 09 June - 30 September 2023, TUE - SAT, 10:00 a.m. - 5:00 p.m.



Nature Park House . Oberlängenfeld 142 . 6444 Längenfeld  
T +43 (0)5253 20201 . [www.naturpark-oetztal.at/nature-park-house](http://www.naturpark-oetztal.at/nature-park-house)



**EXHIBITIONS AT  
NATURE PARK HOUSE**

**09 JUNE - 16 JULY 23**

**PAST GLACIER MOMENTS**  
Jessie Pitt's art exhibit is on display in keeping with this year's Nature Park annual theme of „Water-Sustainability. Tue - Sat: 10:00 a.m. - 5:00 p.m. (FREE); Opening, Fri, 16 June 23, 7:00 p.m.

**25 JULY - 02 SEPT. 23**

**SUSTAINABILITY - WATER**  
In keeping with the theme of the Nature Park, we are presenting two exhibitions: „Everything in the River? - Water in Crisis“ and „River Pirates“. Tue - Sat: 10:00 a.m. - 5:00 p.m. (FREE)

THEME TRAIL

**FASCINATION  
GLACIER**

OF GLACIERS, GARNETS &  
BELLFLOWERS







Having arrived on the Hohe Mut, a breathtaking view across the high alpine glacier world of the inner Ötztal awaits you. You are surrounded by 21 three-thousand-meter peaks. Embark with us on an exciting journey through the high mountains shaped by glaciers.

THEME TRAIL

**FASCINATION  
GEOLOGY**

OF ROCK GLACIERS  
AND MORAINES





The Ötztal valley fascinates with its magical diversity. We would like to invite you to discover the valley with open eyes and learn to read the landscape. Embark with us on a „deep“ journey of discovery and immerse yourself in the fascination of geology.

THEME TRAIL

**ON THE WAY  
WHERE ÖTZI LIVED**

ARCHAEOLOGY IN THE AREA  
AROUND OBERGURGL





Open your senses and embark on a journey to a time long gone. Marvel at and discover the impressive traces of thousands of years of human life in the mountains around Obergurgl.

THEME TRAIL

**AROLLA PINE  
TRAIL OBERGURGL**

4.4 KM - 150 M - 2HRS  
AN ALPINE EDUCATIONAL TRAIL








All stops on the Arolla Pine Trail and in the brochure are numbered. The brochure will give you additional information, inspiration and food for thought for every stop. Time to discover some exceptional views and vistas!

**EPPAS  
GUETS**

FARM PRODUCTS AND DIRECT MARKETING  
IN THE ÖTZTAL NATURE PARK





This brochure is intended to help you bring the specialties of the Ötztal back home onto your plate. A return to local quality benefits you as a consumer, as well as the local farmers and producers - „Something good“ so to say.

**NATURE PARK  
INSIGHT**

OVERVIEW ABOUT  
THE NATURE PARK ÖTZTAL





This brochure gives you a general overview of the different categories of protected areas, the two protected areas Ötztal Alps and Stubai Alps, the nature reserve Engelswand as well as the landscape protection area Achstürze-Piburger See.