

**ÖTZ  
TAL**

# SUMMER PROGRAM

Nature Park-Events & Guided Walks 2021

[naturpark-oetztal.at/en/visit/events](https://naturpark-oetztal.at/en/visit/events)  
[oetztal.com/hiking](https://oetztal.com/hiking)



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## Dear friends of the ÖTZTAL NATURE PARK,

hiking the most beautiful natural places, opening your eyes for lovely details and enjoying the incomparable glacier landscape. Even and especially in these unusual times, you can experience the small and big wonders of Ötztal's truly unique natural and cultural landscape together with us - this time even more consciously in appropriate tranquility and with a fairly astonishing recreational value.

Passionate walkers can choose from 18 weekly theme hiking tours taking place throughout the valley and 22 interesting lectures on special nature park topics. Discover Ötztal's magic and variety together with your family.

## ...and summer has finally arrived!

We look forward to your visit!  
ÖTZTAL NATURE PARK Team



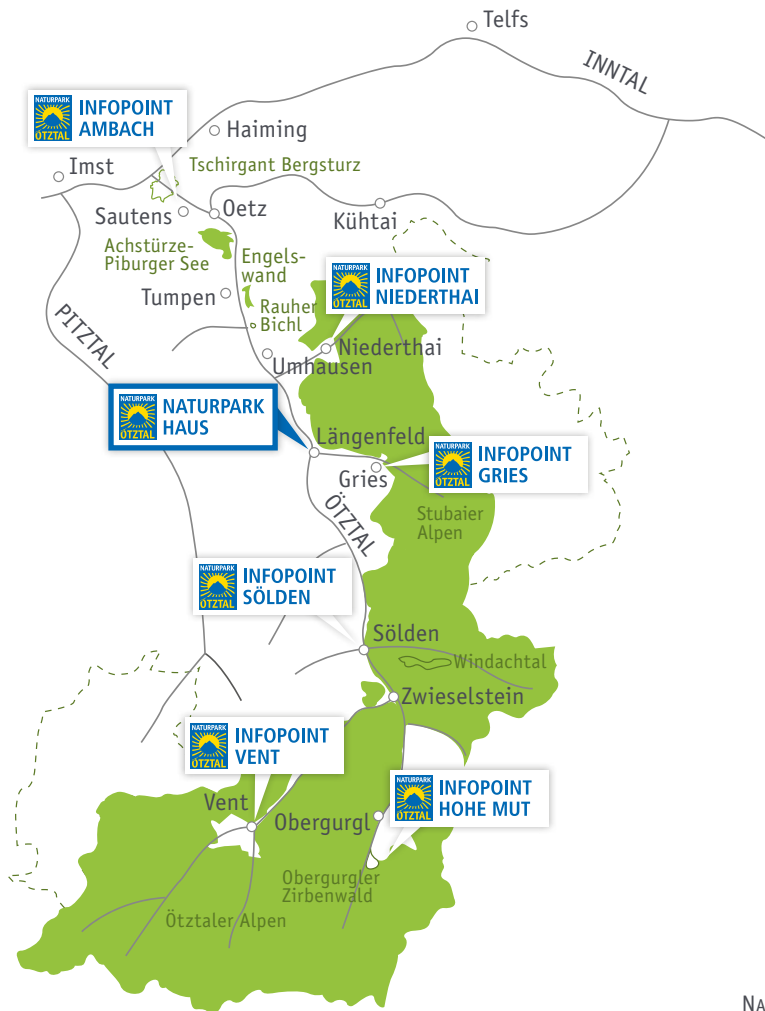
# ÖTZTAL NATURE PARK

## Short Profile

The ÖTZTAL NATURE PARK comprises different environmentally protected areas in the Ötztal. The protected area stretches from the valley floor up to high Alpine glacier regions. Its highest point is Wildspitze peak at 3.774 m above sea level. The mountain villages of Vent (cradle of the Alpine Association) and Obergurgl (Tirol's highest parish), as well as Niederthai/Umhausen and Gries/Längenfeld are located right at the heart of the ÖTZTAL NATURE PARK – making a perfect base for mountain exploration.

The splendid ÖTZTAL NATURE PARK comprises a number of almost untouched, **protected mountain areas in the Ötztal Alps** and **Stubai Alps** which are characterized by fascinating high Alpine landscapes and huge glacier regions. The **unspoilt forest areas** in Sölden's **Windachtal** feature century-old stone pine populations. The precipitous Engelswand rock face near Umhausen, an official Tirolean and **European Natura 2000 Preserve**, offers an insight into the varied flora and fauna in an almost vertical habitat. Another protected area can be found at the entrance to the Ötztal: the huge **Achstürze-Piburger See** region boasts an idyllic mountain lake amidst a huge rockslide area.

The 5 main aims of the ÖTZTAL NATURE PARK are to protect nature, preserve unspoilt landscapes, increase recreational values and promote scientific and cultural research in the region. Both the ÖTZTAL NATURE PARK association and administration office can be found in Längenfeld.



ÖTZTAL  
NATURE PARK

# Good to know



- Advanced booking required ONLY for guided hikes/tours. Book via Ötztal Inside Guide – your personal travel companion, [oetztal.com/hiking](http://oetztal.com/hiking), in your accommodation and your information offices Ötztal Tourismus (contact data: see overleaf) - booking deadline by 6:00 p.m. the day before.
- Detailed description of hikes/lectures, take a look on [naturpark-oetztal.at](http://naturpark-oetztal.at)
- Hikes €9.00 per adults, children under 6 years free, 7 - 14 years €6.00
- Lectures are free for children up to the age of 14
- Hikes/lectures are free of charge for guests staying at Nature Park Partner Hotels (extra costs not included) – unless noted otherwise!
- Weekly hikes are free for holders of the Ötztal Inside Summer Card (extra costs not included)
- Lectures are free for holders of the Ötztal Inside Summer Card
- Ötztal Inside Summer Card (valid 29 May - 3 Oct.)
- Participants (single events): min. 3 / max. 15 persons – unless noted otherwise!
- Weekly events held from begin of June to begin of October
- You take part in the hikes/events at your own risk – hiking equipment absolutely required: sturdy hiking boots, warm clothes, rainwear, sunscreen, food, enough to drink
- Program may be changed/postponed at short notice (in case of unfavorable weather) by the organizing team.
- Disclaimer: Information given in this folder was collected accurately but no responsibility is accepted for the correctness of all details. The publisher is not liable for any accidents or damages caused by the use of this folder. Literal and typesetting mistakes excepted.



# #TakeCareOfEachOther

We make sure that the officially defined guidelines are observed. Please help us to do so.

The rules are the following:

- Keep distance. With more than 15 participants we hike in 2 groups.
- Guided tours without contact, without touching any materials
- Mouth & nose cover in public buildings, buses, ...

No mouth & nose cover is required during guided hikes in the outdoors. For your safety, however, we recommend that you carry a protective mouth & nose mask in your backpack.

- Avoid usual rituals: NO shaking hands, NO summit kiss, NO hugs, only use YOUR OWN drinking bottle.
- Shaking hands: no. Appreciation: yes.
- Protect yourself. Hands out of face.
- Ideal: pay contactless.
- Please use your common sense and act in a concentrated way





# NATURE PARK HOUSE

Our  
Travel  
Tip



## MULTIMEDIA NATURE EXPERIENCE EXHIBITION

The NATURE PARK HOUSE in Längenfeld provides a unique information hub for nature in Ötztal. The dual language (ger/eng) multimedia nature EXPERIENCE exhibition shows - across close to 300 m<sup>2</sup> - the outstanding features of the plants, animals and habitats of Ötztal. Ultra-modern display methods such as holograms, virtual reality glasses and sense stations are used, as are clear display boards, pictorial presentations and carefully made exhibits.



Naturpark Haus . Oberlängenfeld 142 . 6444 Längenfeld  
T +43 (0)5253 20201 . [www.naturpark-oetztal.at/nature-park-house](http://www.naturpark-oetztal.at/nature-park-house)





16 June - 8 September

## Nature Park Research Afternoon



Discovering new things

Ooh - there is something going on at the Nature Park House - lots of offers for all the family! Experience a special guided tour of the NEW Nature Park exhibition, enjoy the multimedia show on the Ötztal valley, take a closer look at the extensive Nature Park library AND explore the animals and plants of the surrounding area at the RESEARCH STATION: The „knowledge table“ is richly covered at the Nature Park House and our biologists support you in exploring ponds, meadows and the like...and OFF YOU GO!

<b>Location</b>	Längenfeld, Nature Park House (in & outdoors)
<b>Duration</b>	2:00 p.m. - 5:00 p.m.
<b>Cost</b>	Nature Park exhibition - special guided tour, multimedia show + library FREE, Nature Park exhibition - normal entrance fee

<b>Equipment</b>	We will provide everything required
<b>Guides</b>	Nature Park staff and biologists



SPECIALITIES FROM THE ÖTZTAL

## Ötztal Market Days at the Nature Park House

Every 2.  
Thursday

Starting 17 June

For the first time, the Ötztal Market Days will take place at the Nature Park House in Längenfeld. We invite our local producers to present and sell their colourful range of regional products. Marvel at the regional variety and purchase rural delights to take back home. „EPPAS GUETS UND SCHEAS“ (something good and nice) from the Ötztal.

### The offer:

Honey,  
Jam,  
Liqueurs,  
Schnapps,  
Cheese produce,  
Sausages and meat,  
Crafts made from felt,  
Carved wood,  
Stone pine pillows,  
Soap and more

### Dates

17 June

1, 15 & 29 July

12 & 26 August

9 & 23 September

### Location

Längenfeld, Nature Park House

### Duration

2:00 p.m. - 4:30 p.m.



## EXHIBITION

### **METAMORPHOSIS SURREAL PHOTO-EXHIBITION**

Opening 7:00 p.m.

Friday,  
9 July

#### **Duration**

Friday, 9 July to  
Sunday, 11 September,  
every Tuesday - Saturday  
10:00 a.m. - 5.00 p.m.

#### **Cost**

free admission

#### **Photos**

eye of science,  
Meckes & Ottawa GbR



Most people are familiar with the changes in a butterfly from caterpillar to butterfly. Of many other insects, however, we only know the adult or larval stage. A stage often only lasts a few days, the animal is tiny or its life is even completely hidden. So why the effort of this metamorphosis? The advantage lies in the development of different habitats, the optimal adaptation to them and an associated, better start into the reproductive phase of their lives. The larval and adult stages are photographically juxtaposed. The up to 280 times magnification in the electron microscope reveals structures, hairs and mouthparts that appear bizarre, often even surreal – fantastic.



## INTERESTING EXCHANGE

### Chit-Chat with Experts

Tuesday,  
once a  
month

#### Information worth knowing

Four different dates – four different experts. We bring experts into the Nature Park House – you are very welcome to come with your questions ... important: There are no “stupid” questions, each question on the topic is welcome and admissible. A registration is not required. We are looking forward to a nice, casual HOANG-ACHT (Ötztal dialect for chit-chat).

- |                  |  |
|------------------|--|
| <b>Birds</b>     | 15 June, 10:00 a.m.- 12:00 p.m.<br>Dr. Manfred FÖGER, ornithologist      |
| <b>Plants</b>    | 13 July, 2:00 p.m. - 4:00 p.m.<br>Dr. Roland MAYER, botanist             |
| <b>Stones</b>    | 10 August, 2:00 p.m.- 4:00 p.m.<br>Dr. Werner SCHWARZ, geologist         |
| <b>Mushrooms</b> | 14 September, 2:00 p.m. - 4:00 p.m.<br>Mag. Eberhard STEINER, mycologist |

You are welcome to bring photos, feathers, bird's nests, flowers, stones and mushrooms.





ÖTZTAL NATURE PARK

## Become a Nature Park member

By becoming a member you'll support the work of Ötztal Nature Park both financially and in spirit.

### As a member you'll receive:

free nature park presentations  
regular information about the nature park activities  
use of the photo and literature archive  
new brochures/publications for free

### The contributions:

individual membership	€15.00/year
clubs and small businesses	€50.00/year
commercial operation	€100.00/year

### Become a member:

<https://www.naturpark-oetztal.at/en/nature-park/become-a-member/>



Friday,  
11 June

### EASY WALK

## Herbal Hike

Join our special herbal hike and hear exciting stories about bigger and visible as well as smaller and inconspicuous miracles growing at the wayside from our nature park guide and herbalist. "Eppas Guets und Xunds" (Ötztal dialect for "something good and healthy") from nature. Get tips and tricks for integrating nature in your kitchen routine.

<b>Category</b>	easy hike (time: 1 hr, ↑↓ 200 m)
<b>Start/Route</b>	Umhausen, surrounding area
<b>Meet here</b>	9:00 a.m., Ötztal Tourismus - Information Umhausen
<b>Equipment</b>	sturdy hiking boots, rain protection, provisions
<b>Cost</b>	adults €9.00/children €6.00
<b>Return</b>	approx. 12:00 p.m.
<b>Guide</b>	Andrea HOLZKNECHT, herbal educator



Tuesday,  
15 June

EASY WALK

### Morning Bird Concert

Out of bed and into the morning bird concert! During a short tour, our experienced bird expert will tell you why birds sing particularly loud in the morning. Who are their melodies for and which species produce more melodies than others? This special walk is aimed at families in particular!

<b>Category</b>	easy hike (time 1 hr, ↑↓ 50 m)
<b>Start/Route</b>	Nature Park House, Aqua Dome, Waldklause, edge of the forest
<b>Meet here</b>	7:00 a.m., Längenfeld, Nature Park House
<b>Cost</b>	adults €9.00/children €6.00
<b>Duration</b>	approx. 9:30 a.m.
<b>Guide</b>	Dr. Manfred FÖGER, ornithologist



Saturday,  
19 June

[i Ö]-VOLUNTARY HELP CAMPAIGN

### Eliminating Neophytes

Neophytes are alien plants from other areas, brought to a region by man. Some of them endanger the local flora and the conservation of biodiversity since they are able to spread widely and outcompete native perennials. Help us conserving Ötztal's wonderful biodiversity and take part in the neophytes campaign.

<b>Meet here</b>	9:30 a.m., Maurach, Umhausen/Längenfeld
<b>Duration</b>	until approx. 4:00 p.m.
<b>Cost</b>	<u>none</u> - we will thank you with provisions on site!
<b>Equipment</b>	long trousers, work gloves, other equipment is provided
<b>Guide</b>	Dr. Roland MAYER

[i Ö]-Team





Saturday,  
26 June

[i Ö]-VOLUNTARY HELP CAMPAIGN

## Eliminating Neophytes

Neophytes are alien plants from other areas, brought to a region by man. Some of them endanger the local flora and the conservation of biodiversity since they are able to spread widely and outcompete native perennials. Help us conserving Ötztal's wonderful biodiversity and take part in the neophytes campaign.

<b>Meet here</b>	9:30 a.m., Oetz, along Mühlbach brook
<b>Duration</b>	until approx. 4:00 p.m.
<b>Cost</b>	<u>none</u> - we will thank you with provisions on site
<b>Equipment</b>	boots, gloves, other equipment is provided
<b>Guide</b>	Dr. Roland MAYER

[i Ö]-Team



Friday,  
2 July

LECTURE, NATURE OBSERVATION

## Night Glow Butterflies

On this evening we dive into the mysterious world of nocturnal butterflies. Some of them can even compete with the splendour of colourful butterflies. Our experts will also explain how the so-called lighthouses and light traps that we use to attract nocturnal butterflies work.

<b>Meet here</b>	9:00 p.m., Längenfeld, Nature Park House
<b>Duration</b>	approx. 2 hrs
<b>Cost</b>	adults €9.00/children €6.00
<b>Guides</b>	Mag. Kurt LECHNER, Mag. Alois ORTNER, butterfly experts

## FAMILY ATTRACTION

### Family Researcher Day in the Nature Park

Sunday,  
18 July

#### „MINI RESEARCHER EXCURSION“

We explore nature! This year's main Nature Park theme – biodiversity – is crying for it!

In small groups we will swarm from the festival area into different habitats to explore the diversity and we will make all sorts of interesting discoveries. As usual, our experts will answer all your questions with their concentrated specialist knowledge. Covid prevention can be easily observed! The farmers of Niederthai offer their culinary delights as take-away.

Be curious about it! Exciting and amazing insights into nature await the young AND old.

We kindly ask for prior registration by phone to be able to compensate for the higher organisational effort. Thanks!

T 05253 20201. Tue - Sat, 10:00 a.m. – 5:00 p.m.

There will be a special surprise for all who book in advance!

#### DETAILS:

<b>Location</b>	Umhausen/Niederthai, Tellerboden
<b>Programme</b>	1:00 p.m., start of the first Family-Researcher-Excursion 1:00 p.m. - 5:00 p.m., excursions
<b>Cost</b>	Free admission
<b>Provision</b>	Niederthai farmers
<b>Bus Transport</b>	12:30 p.m., from Umhausen 5:15 p.m., from Niederthai Free juice for all who get there using public transport
<b>Parking</b>	opposite the Niederthai information office
<b>Shuttle</b>	with the Nature Park Express to Tellerboden within 5 minutes
<b>Miscellaneous</b>	in any weather

[www.naturpark-oetztal.at/familien-forschertag](http://www.naturpark-oetztal.at/familien-forschertag)







Friday,  
23 July

## LECTURE

### Bat Night

The night of the bats at Lake Piburger See. An overview of the biology and ecology of bats is given. Legends, myths and fairy tales about these animals are explained and specific facts and circumstances of the Tyrolean bat fauna are imparted during a small presentation.

<b>Meet here</b>	8:00 p.m., Piburg, Hotel Seerose
<b>Duration</b>	approx. 2 hrs
<b>Cost</b>	adults €9.00/children €6.00
<b>Equipment</b>	warm clothes, flashlight, seat pad
<b>Guide</b>	Mag. Anton VORAUER, biologist, bat expert



24 - 25  
July

## [i Ö]-VOLUNTARY HELP CAMPAIGN

### Drywall Repair

Dry stone or collected field stone walls shape the Ötztal's cultural landscape in a particular way. They have great ecological value as they offer an important habitat to countless insects, vertebrates and plants. Many walls within the Nature Park are already decaying and urgently need to be repaired.

<b>Meet here</b>	9:30 a.m., Niederthai, Sennhof car park
<b>Duration</b>	both days until approx. 5:00 p.m.
<b>Cost</b>	<u>none</u> - we will thank you with provisions on site!
<b>Equipment</b>	sun protection, long trousers, work gloves, bricklayer's hammer, pickaxe, shovel - other material and tools are provided

[i Ö]-Team



Monday,  
2 August

EASY WALK

### Herbal Hike

Join our special herbal hike and hear exciting stories about bigger and visible as well as smaller and inconspicuous miracles growing at the wayside from our nature park guide and herbalist. "Eppas Guets und Xunds" (Ötztal dialect for "something good and healthy") from nature. Get tips and tricks for integrating nature in your kitchen routine.

<b>Category</b>	easy hike (time: 1 hr, ↑↓ 100 m)
<b>Start/Route</b>	Längenfeld, surrounding area
<b>Meet here</b>	9:00 a.m., Längenfeld, Nature Park House
<b>Duration</b>	until approx. 12:00 p.m.
<b>Cost</b>	adults €9.00/children €6.00
<b>Equipment</b>	hiking boots, rain protection, provisions
<b>Guide</b>	Andrea HOLZKNECHT, herbal educator



Friday,  
6 August

EASY WALK

### Food Hunting

The biodiversity here is unique. From the about 13,000 plant species many are not only edible, but also culinary delights. You just need to know and find them. We will take you on a culinary hike for all the senses: taste, smell or pick; including tips for the preparation at home.

<b>Category</b>	easy hike (time: 1.5 hrs, ↑↓ 200 m)
<b>Start/Route</b>	from Zwieselstein to the Sahne-stüberl snack station
<b>Meet here</b>	8:15 a.m., Zwieselstein, Hotel Neue Post, bus stop
<b>Duration</b>	approx. 4 hrs
<b>Cost</b>	adults €9.00/children €6.00
<b>Equipment</b>	hiking equipment, rain protection, snack, scissors and cloth bag
<b>Guide</b>	Mag. Bernd PERDACHER



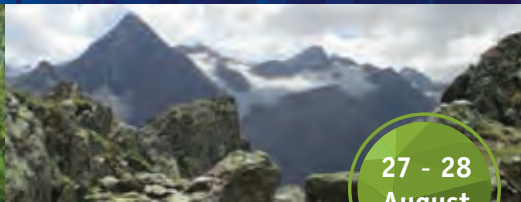
Saturday,  
21 August

## EASY WALK

### Mindfulness in the Forest

This unhurried and enjoyable hike is an exploration journey into the secrets of the Sautner Forchet, a forest area with an exceptional biodiversity. We will discover mosses and lichens, will get to know gnarled old red pines and will collect valuable medicinal herbs. With all our senses we will dive into the forest ambiance.

<b>Category</b>	easy hike (time: 1.5 h, ↑↓ 120 m)
<b>Start/Route</b>	Sautens - Forchet - Sautens
<b>Meet here</b>	10:00 a.m., Sautens, sports field
<b>Return</b>	approx. 2:00 p.m.
<b>Cost</b>	adults €9.00/children €6.00
<b>Equipment</b>	hiking boots, rain protection, provisions
<b>Guide</b>	Monika MITTERWALLNER, certified nature park hiking guide



27 - 28  
August

## DEMANDING HIKE

### ÖTZI - once upon a time... or how do you say?

On the 2-day excursion on the occasion of the 30-year anniversary of the discovery of the corpse of "Ötzi" through the Niedertal valley, we will encounter one of the best-researched and best-known archaeological sites in the Ötztal Alps and will embark on an extremely exciting search for historical traces.

<b>Walking Time</b>	Day 1: Vent – Martin Busch Hütte (time: 3 hrs; ↑600 m) Day 2: Martin Busch Hütte – Similaunhütte - Ötzi finding site - back to Vent (time: 6 hrs; ↑450 m ↓1300 m)
<b>Meet here</b>	1:30 p.m., Vent, entrance of the village, old parsonage
<b>Cost</b>	€75.00 per person
<b>Equipment</b>	hiking boots, hut sleeping bag
<b>Guide</b>	Dr. Ursula SCHEIBER

Friday,  
3 Sept.

### LECTURE

## Bright Distress

Then as now, artificial light has attracted attention and it suggests both prosperity and progress. It makes work and leisure activities available around the clock. But where there is light, there is also shadow. Stefanie Suchy talks about the dark side of light and lists options for using artificial light in a responsible way.

<b>Location</b>	9:00 p.m., Vent, lecture room in the fire station
<b>Duration</b>	1 hr
<b>Cost</b>	<u>free of charge</u> - within the scope of Vent unplugged
<b>Guide</b>	DI (FH) Stefanie SUCHY, biologist

**VENT**  
*unplugged*

Saturday,  
4 Sept.

### LECTURE

## Adventure Starry Sky

Humans have always been fascinated by the universe with its myriad of celestial bodies. How far from mother earth is the nearest star? Why do comets have a tail? Why is the "Milky Way" called the "Milky Way"? On this evening we will dive into the mysterious depths of the universe and explore the night sky.

<b>Location</b>	9:00 p.m., Vent, lecture room in the fire station
<b>Duration</b>	approx. 2.5 hrs
<b>Cost</b>	<u>free of charge</u> - within the scope of Vent unplugged
<b>Equipment</b>	warm clothes, binoculars if available
<b>Guide</b>	Johann MÜLLER, amateur astronomer, Tyrolian nature guide

**VENT**  
*unplugged*


11 - 12  
Sept.

## DEMANDING HIKE

### ÖTZI - once upon a time... or how do you say?

On the 2-day excursion on the occasion of the 30-year anniversary of the discovery of the corpse of "Ötzi" through the Niedertal valley, we will encounter one of the best-researched and best-known archaeological sites in the Ötztal Alps and will embark on an extremely exciting search for historical traces.

**Walking Time** Day 1: Vent – Similaunhütte (time: 5 hrs; ↑1100 m)  
Day 2: Similaunhütte – Ötzi finding site – back to Vent (time: 6 hrs; ↑150 m ↓1300 m)

**Meet here** 10:00 a.m., Vent, entrance of the village, old parsonage

**Cost** €75.00 per person

**Equipment Guide** hiking boots, hut sleeping bag  
Dr. Ursula SCHEIBER


Tuesday,  
14 Sept.

## INTERESTING EXCHANGE

### Mushroom Day in the Nature Park

On this day it is all about mushrooms. In the morning, our mycologist Eberhard STEINER will take us on a mushroom hike. During the expert chit-chat you can ask whatever you have always wanted to know about mushrooms. The mushroom lecture in the evening concludes the day with plenty of expert knowledge.

**Mushroom-Hike:** 9:00 a.m. - 12:00 p.m.  
Meet here Längenfeld, Nature Park House

**Equipment** hiking boots, rain protection

**Cost** adults €9.00/  
children €6.00

**Expert Chit-Chat:** 2:00 p.m. - 4:00 p.m.

**Mushroom lecture:** 8:00 p.m.  
**Costs** €2.00



Every  
Monday

7 June - 18 October

## Wild and romantic Ravine

After a short introduction to Ötztal and the opportunity to explore the unique Ötztal relief at the Info Point in Ambach, we will head towards „Teufelsschmiede“, a his-toric building. Then we start a loop hike into the wildly romantic Auerklamm rock ravine. We get to Oetzerau and back to Oetz via the „Ruins of Burg Auenstein.“



<b>Category</b>	intermediate (time: 4 hrs, ↑400 m ↓300 m)
<b>Start/Route</b>	bus transfer to Infopoint Ambach - visit to Ötztal-Relief - Teufelsschmiede - Auerklamm - Oetzerau - Oetz
<b>Meet here</b>	8:50 a.m., Ötztal Tourismus - Information Oetz
<b>Return Cost</b>	approx. 2:30 p.m. adults €9.00/children €6.00 + bus (acc. to current tariffs)



Every  
Tuesday

8 June - 19 October

## Adventure under Lantern Light

We will craft our own name tag out of a wooden plate and colorful wooden beads. Followed by a leisurely adventure hike for the whole family. Equipped with magnifying cups, we hike towards scenic lake Habicher See. In the dark we will light our lantern and hike back to the village center with many wonderful impressions.



<b>Category</b>	easy hike (time: 1.5 hrs, ↑↓90 m)
<b>Start/Route</b>	Oetz - Habichen - Habicher See - Oetz
<b>Meet here</b>	7:30 p.m., public pool Oetz - WIDIs Sommernest
<b>Return Cost</b>	approx. 10:00 p.m. adults €9.00/children €6.00

family tip



Every  
**Wednesday**

9 June - 20 October

## Knappenweg Trail

A new hike along well-trodden paths. The first ascent can be easily conquered by using the gondola. It then gets sporty and we hike through dense mountain pine fields to the Roßköpfle and continue to the Wetterkreuzkogel. After a longer break with a dreamlike panoramic view, we will walk down to the idyllic Pochersee lake.



<b>Category</b>	intermediate (time: 5 hrs, ↑1980 m)
<b>Start/Route</b>	Oetz - Acherkogelbahn gondola - Bielefelder Hütte - Roßköpfle - Wetterkreuz - Balbach Alm - Acherkogelbahn gondola - Oetz
<b>Meet here</b>	8:50 a.m., Ötztal Tourismus - Information Oetz
<b>Return</b>	approx. 4:00 p.m.
<b>Cost</b>	adults €9.00/children €6.00 + gondola (acc. to current tariffs)

Overview of Ötztal

## Infopoint Ambach

Located right by the main road in the Ötztal Tourismus information pavilion is the "reception room" of the ÖTZTAL NATURE PARK. Visitors can access information on 60 interesting natural and cultural historical landmarks on a central touch-screen. Sophisticated laser technology make these automatically visualised on a relief true to nature. Materials representing the five different heights of the Ötztal valley allow the Ötztal nature to be felt and truly grasped.

### OPENING HOURS

Mo-Fr: 9-13 CET, Mo-We, Fr: 14-17 CET (free entrance)

### WHERE

Ötztal Tourismus - Infopoint Ambach  
Ambach 26 . A-6433 Oetz

[www.naturpark-oetztal.at/infopoint-ambach](http://www.naturpark-oetztal.at/infopoint-ambach)

Our  
Tip







Every  
Monday

7 June - 27 September

## Köfler Waalweg

We start this hike with the hut taxi. This varied loop hike leads from the Vordere Fundusalm up to the Fundusalm and continues then to the beautifully located Frischmann Hütte. After a relaxing break stop, we continue along the highest-located Tyrolean irrigation channel, the Köfler Jochwaal.



<b>Category</b>	intermediate (time: 4 hrs, ↑↓580 m)
<b>Start/Route</b>	taxi to the Vordere Fundusalm - Hintere Fundusalm - Frischmannhütte - Hintere Fundusalm - taxi to Umhausen
<b>Meet here</b>	9:30 a.m., Ötztal Tourismus - Information Umhausen
<b>Return</b>	approx. 3:00 p.m.
<b>Cost</b>	adults €9.00/children €6.00 + taxi (adults €18.00/children €9.00)



Every  
Tuesday

8 June - 28 September

## Peaceful Side Valley

An idyllic path travels through century old larch woods up to Grastal, a fabulous secluded Alpine side valley forking-off towards the south. You walk uphill until you reach the rear end of Grastal valley. At splendid first summit Mahdebene you continue further towards Brand, the second smaller summit towering high above Niederthai.



<b>Category</b>	intermediate (time: 6 hrs, ↑↓780 m)
<b>Start/Route</b>	Niederthai - Grastal - Mahdebene - Brand - Niederthai
<b>Meet here</b>	9:00 a.m., Ötztal Tourismus - Information Niederthai
<b>Return</b>	approx. 4:00 p.m.
<b>Cost</b>	adults €9.00/children €6.00





Every  
Thursday

10 June - 30 September

## Kühtai - Niederthai

An Alpine crossing at its finest: from Kühtai you hike uphill through the Alpine forest to Finstertaler Stausee. The next and more demanding stage takes you up to Finstertaler Scharte ridge. This is the best place to enjoy picture-book vistas of the Ötztal – with mighty Wildspitze peak as glowing backdrop.



<b>Category</b>	demanding (time: 6 hrs, ↑800 m ↓900 m)
<b>Start/Route</b>	transfer to Kühtai - Finstertaler Scharte - Schweinfurter Hütte - Niederthai
<b>Meet here</b>	8:25 a.m., Ötztal Tourismus - Information Niederthai 8:40 a.m., Ötztal Tourismus - Information Umhausen
<b>Return Cost</b>	approx. 5:30 p.m. adults €9,00/children €6,00 + transfer (adults €18,00/children €9,00)



Every  
Thursday

17 June - 14. October

## Miracle Fiber

In the course of this wonderful guided tour visitors get an insight into the whole manufacturing cycle, from the raw material delivered by local sheep farmers to fine woolen products. Additionally, the tour focuses also on the longstanding history of flax and sheep wool processing in the Ötztal. Questions welcome!

<b>Meet here</b>	2:00 pm, Umhausen, Ötztaler Schwafwollzentrum (Lehnputz 2-4, T 0043 (0)5255 5293)
<b>Access</b>	from Umhausen's church across Horlach bridge, keep left, 300 m
<b>Duration</b>	45 min.
<b>Cost</b>	€4.00 per person (free for children)
<b>Guide</b>	Joachim REGENSBURGER, Ötztaler Schwafwollzentrum



Every  
Wednesday

9 June - 29 September

## 4 Lakes Trail

Every mountain lake is special and has its own character, its own color and size. The beautiful 4 Lakes Hike high above Längenfeld starts beyond the treeline. With a bit of luck you can also watch a golden eagle soaring high above Geigenkamm ridge. During a short Kneipp break you restore new energies for the remaining stage.



<b>Category</b>	demanding (time: 7 hrs, ↑1000 m ↓1050 m)
<b>Start/Route</b>	taxi to Leckalm - Plattachsee - Weißensee - Spitzigsee - Hauersee - taxi to Längenfeld
<b>Meet here</b>	8:00 a.m., Ötztal Tourismus - Information Längenfeld
<b>Return Cost</b>	approx. 4:45 p.m. adults €9,00/children €6,00 taxi return ride, adults €10,00/ children €5,00



Every  
Thursday

10 June - 30 September

## All-Powerfull Lehner Wasserfall

In the course of this hike you get to know more about Ötztal's landscape, culture, history and inhabitants. A stopover at the Local Heritage Outdoor Museum adds to a wonderful day. Then you climb the stairs leading up to the suspension bridge, and further on to the fantastic viewing platform located right below the mighty Lehner Waterfall.



<b>Category</b>	easy hike (time: 3 hrs, ↑↓300 m)
<b>Start/Route</b>	Längenfeld - Plague Chapel - Local Heritage Museum - Lehner Wasserfall place of strength - Längenfeld
<b>Meet here</b>	10:00 a.m., Ötztal Tourismus - Information Längenfeld
<b>Return Cost</b>	approx. 3:00 p.m. adults €9.00/children €6.00



Every  
Friday

11 June - 1 October

## Urweg Platter Gruebe

We hike to one of the most beautiful vantage points high above Huben. At the beginning we follow a wide forestry trail, then we continue along a quite steep but safe path to the Platter Gruebe. Along the way we cross a high-pasture landscape and enjoy the particular variety of the flora and fauna in this area.



<b>Category</b>	intermediate (time: 5 hrs, ↑1680 m)
<b>Start/Route</b>	Längenfeld - taxi to Huben - Platter Grube - Burgstein - suspension bridge - Brand - Längenfeld
<b>Meet here</b>	9:00 a.m., Ötztal Tourismus - Information Längenfeld
<b>Return Cost</b>	approx. 3:30 p.m. adults €9,00/children €6,00

Wild Water

## Infopoint Gries

At the car park on the edge of Gries, a 6 x 4 m landscape feature illustrates the topic of wild water in an unmissable way. Here in Gries the Fischbach and Winnebach streams meet, and their elemental landscape-shaping force has made its mark all the way down to Längenfeld. The confluence of the two streams is shown as a wooden model. The main topic is complemented with information specific to the resort on the role of the protective forest and the history of the mountain village of Gries.

### OPENING HOURS

Accessible at any time!

### WHERE

In Gries, at the car park on the edge of the resort  
[www.naturpark-oetztal.at/infopoint-gries](http://www.naturpark-oetztal.at/infopoint-gries)

Our  
Tip





Every  
Tuesday

15 June - 28 September

## Söldens Silent Site

From Lochlealm the „Jägernotsteig“ trail leads to Brunnenbergalm, straight through the scenic Windachtal Nature Forest Preserve with larch and stone pine trees older than 300 years. Explore steep Alpine pasturelands and authentic Ötztal mountain huts (called „Thaya“ in dialect) deeply rooted in history.



<b>Category</b>	intermediate (time: 5 hrs, ↑450 m ↓650 m)
<b>Start/Route</b>	bus Sölden - Lochlealm - Jägernotsteig - Brunnenbergalm - Zwieselstein - Sölden
<b>Meet here</b>	9:50 a.m., Ötztal Tourismus - Information Sölden
<b>Return Cost</b>	approx. 5:00 p.m. Erw. €9.00/Kinder €6.00 + bus Sölden (acc. to current tariffs)



Every  
Thursday

17 June - 30 September

## Lake Peerler See

This high-elevation hike travels above Sölden along incredibly green pasturelands and high Alpine cirques to unrivaled Lake Peerler See. Take a glimpse of mighty Wildspitze peak, Brunnenkogelhaus or Hochstubaui Hütte and you will soon recognize that this is a „superlative“ hike when it comes to panoramic views.



<b>Category</b>	intermediate (time: 6 hrs, ↑500 m ↓1000 m)
<b>Start/Route</b>	bus to Hochsölden - Dr. Bachmannweg - Peerler See - Hochwald - bus to Sölden
<b>Meet here</b>	8:20 a.m., Ötztal Tourismus - Information Sölden
<b>Return Cost</b>	approx. 4:30 p.m. adults €9.00/children €6.00 + bus (acc. to current tariffs)



Every  
Saturday

19 June - 2 October

## On Farmers Tracks...

A panoramic hike giving a deep insight into everyday life in Austria's biggest village in size. On this panoramic hike you experience modern tourism in perfect harmony with unspoilt nature. The walking tour takes you to Gampe Thaya where life is still enjoyed in a traditional way, where you can learn details about mountain farming now and then.



<b>Category</b>	intermediate (time: 2 hrs, ↑20 m ↓450 m)
<b>Start/Route</b>	Sölden - Gaislachkogel Middle Station - Gampe Thaya - Hochsölden road - Sölden
<b>Meet here</b>	10:00 a.m., Ötztal Tourismus - Information Sölden
<b>Return</b>	approx. 2:30 p.m.
<b>Cost</b>	adults €9.00/children €6.00 + gondola (adults €17.00/children €9.50)

Windachtal Habitat

## Infopoint Sölden

Along the Ötztaler Ache river between the Gaislachkogelbahn cable car and Freizeit Arena is the Sölden Experience Mile. One of the five parts is dedicated to the quiet side of Sölden, the Windachtal habitat. Its pristine and wild forests and craggy rock faces provide material for great stories. Scan the QR Code in to listen to the stories or to get hiking tips for the Windachtal valley. The calls of various birds can be heard at audio stations.

### OPENING HOURS

Accessible at any time!

### WHERE

From the Gaislachkogelbahn valley station over the bridge, 10 min' walk away along the Ötztaler Ache.  
[www.naturpark-oetztal.at/infopoint-soelden](http://www.naturpark-oetztal.at/infopoint-soelden)

Our  
Tip





Every  
Monday

28 June - 13 September

## Glacier Exploration

A panoramic view of 21 glacier-topped mountain peaks higher than 3000 meters awaits you here. Crossing Hohe Mut saddleback you walk towards the mighty glaciers and summits. On your way you get to know many interesting and quite amusing details on the area's scientific research center in Rotmoostal valley.



<b>Category</b>	intermediate (time: 5 hrs, ↑130 m ↓800 m)
<b>Start/Route</b>	Obergurgl - Hohe Mut gondola top station- Rotmoosferner stamp site - Rotmoostal - Zirbenwald - Obergurgl
<b>Meet here</b>	9:00 a.m., Ötztal Tourismus - Information Gurgl
<b>Return Cost</b>	approx. 4:00 p.m. adults €9.00/children €6.00 + gon- dola (adults €15.00/children €9.00)



Every  
Friday

25 June - 17 September

## On the Scent of Garnets

Walking amidst high Alpine terrain we can take a closer look at an extraordinary variety of plants and animals. But also the countless brightly colored minerals and stones here in the uppermost part of Ötztal are definitely worth seeing. Listen to the entertaining stories of our nature park guide on your hike up to Hohe Mut Alm (2670 m).



<b>Category</b>	intermediate (time: 4.5 hrs, ↑585 m)
<b>Start/Route</b>	Obergurgl - Hohe Mut Gondola middle station - Gaisbergtal - Hohe Mut Alm - Hohe Mut Gondola - Obergurgl
<b>Meet here</b>	9:00 a.m., Ötztal Tourismus - Information Gurgl
<b>Return Cost</b>	approx. 3:30 p.m. adults €9.00/children €6.00 + gon- dola (adults €22.00/children €14.00)



Every  
Sunday

27 June - 19 September

## Archaeological Loop Trail

The area surrounding Obergurgl boasts many archaeological treasures deeply steeped in history. The outstanding Archaeological Loop Trail in Obergurgl travels past the „Beilstein“ pasturelands used as resting place by Stone Age hunters more than 9,000 years ago. A highly fascinating travel back in time.



<b>Category</b>	intermediate (time: 4 hrs, ↑↓400 m)
<b>Start/Route</b>	Obergurgl - Ramolweg - Kuppele- alm - Beilstein - Stone Pine Forest - Zirben Alm
<b>Meet here</b>	10:30 a.m., Ötztal Tourismus - Information Gurgl
<b>Return</b>	approx. 3:30 p.m.
<b>Cost</b>	adults €9.00/children €6.00

Glacier & high mountain research

## Infopoint Hohe Mut

At 2.670 m altitude underneath the Hohe Mut Alpine hut you will find this 135 m<sup>2</sup> interactive nature park exhibition. One glance is enough to see the omnipresent glacier theme here. Visual impressions are combined capably in the exhibit on with information on glacier research and the high-alpine flora and fauna. Exclusive exhibits such as 3,500 years old ibex horns provide a wide range of knowledge while a mini glacier cools weary minds and legs.

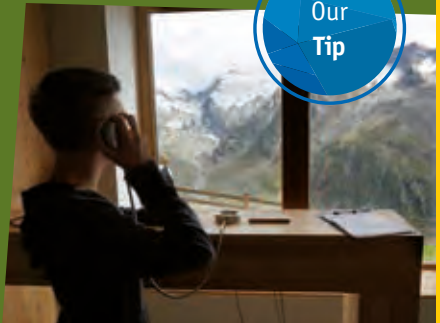
### OPENING TIMES

daily, 9:00 a.m. - 4:00 p.m.

### WHERE

Festkoglbahn car park, 10 min' walk to the centre of Obergurgl, Hohe Mut Bahn exit (Sections I+II)  
[www.naturpark-oetztal.at/hohe-mut](http://www.naturpark-oetztal.at/hohe-mut)

Our  
Tip







Every  
Monday

7 June - 27 September

### Arnica, Ötzi & More...

Wonderful hiking tour featuring plenty of botanical and historical highlights. From Vent a rising trail leads to the ancient Stone Pine Forest and further on to Mutsbühel area. Here you can admire the tiniest, the most insignificant or the furthest peculiarities within this Alpine wonderland.



<b>Category</b>	intermediate (time: 4 hrs, ↑1450 m)
<b>Start/Route</b>	Vent - Mutsbühel - Ramolalm (not serviced) - Vent
<b>Meet here</b>	9:45 a.m., Ötztal Tourismus - Information Vent
<b>Return Cost</b>	approx. 4:30 p.m. adults €9.00/children €6.00



Every  
Wednesday

9 June - 29 September

### Glacier, Geology & History

The wide open cirques in the foothills of her „Majesty“ – Wildspitze peak at 3774 m – are the remains of the glacier's past. Your hiking destination is Breslauer Hütte towering high above the mountain village of Vent. On your way to the hut you explore the glacier world, its rock masses and a piece of Alpine history.



<b>Category</b>	intermediate (time: 4 hrs, ↑1600 m)
<b>Start/Route</b>	double chair lift Wildspitze - glacier lake - Breslauer Hütte - Stablein - lift Vent
<b>Meet here</b>	9:45 a.m., Ötztal Tourismus - Information Vent
<b>Return Cost</b>	approx. 4:30 p.m. adults €9.00/children €6.00 + lift (adults €15.00/ children €9.00)





Every  
Thursday

10 June - 30 September

## Panorama Trail to Vent

This panorama hike begins on the Tiefenbach glacier at an altitude of 2,800m. The breath-taking view of numerous noted 3,000m-high summits is a highlight of this tour. Along the entire hike we can admire the wonderful high-alpine fauna and flora and learn some interesting facts from our specifically trained nature guides.



<b>Category</b>	intermediate (time: 5 hrs, ↑110 m ↓1000 m)
<b>Start/Route</b>	bus transfer from Vent past Sölden to the Tiefenbach gla- cier - Panorama Trail - Vent
<b>Meet here</b>	9:10 a.m., Ötztal Tourismus - Information Sölden
<b>Return Cost</b>	approx. 4:00 p.m. adults €9.00/children €6,00 + bus & toll (acc. to current tariffs)

### Transhumance & Settlement History

## Infopoint Vent

On the first floor of the listed Widums, a 50 m<sup>2</sup> exhibition is dedicated to the various natural and cultural topics around Vent. An impressive photo gallery shows the traditional cattle driving between Vent and South Tyrol. The rich history of Vent is told in exciting fashion. These big topics are presented sensitively and unobtrusively, in addition to the tradition of meadow names and the history of the Alpine Club.

### OPENING TIMES

daily, 8:00 a.m. - 10:00 p.m.

### WHERE

Three minutes' walk from the car park in the entrance of the resort, left just behind the church  
[www.naturpark-oetztal.at/infopoint-vent](http://www.naturpark-oetztal.at/infopoint-vent)

Our  
Tip





Wo die Natur zu Hause ist.



Niederthaier  
BÄUERINNEN



oetzi-dorf.at



ÖTZTALER  
SCHAFWOLLZENTRUM  
REGENSBURGER

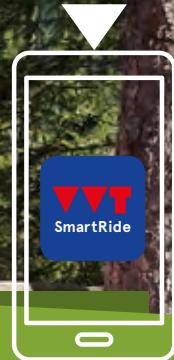


Bergrettung  
Niederthai



# The Valley's Bus Lines

Mobile Timetable - The fastest  
link to your destination with  
[vvt.at/smartride](https://vvt.at/smartride)



## REGIONAL BUS LINES

Explore Tirol's longest side valley by bus. Thanks to a huge number of 1 1 1 bus stops spread all over the region, you can easily reach the highlights in the Ötztal by public bus. You can easily reach most of our events by using public bus lines running on a regular basis within the valley!

[vvt.at](https://vvt.at) or [oetztaler.at](https://oetztaler.at) T 05254 3550

Bus lines Ötztal  
[naturpark-oetztal.at/vvt-oetztal](https://naturpark-oetztal.at/vvt-oetztal)



# Booking & Contact

Advanced booking required only for hikes, workshops and guided tours. Booking deadline: 6:00 p.m. the day before. For guests staying at Nature Park accommodations and Ötztal Inside Summer Card holders, all weekly guided hikes (excluding additional costs) and lectures (unless otherwise stated) are free of charge!



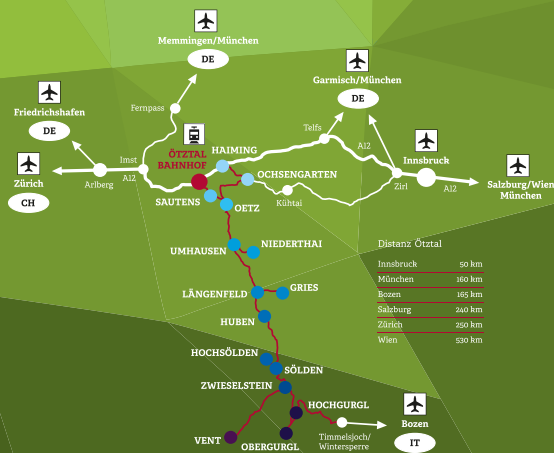
## NATURE PARK ÖTZTAL

Nature Park House  
Oberlängenfeld 142  
A-6444 Längenfeld  
T +43 5253 20201  
[office@naturpark-oetztal.at](mailto:office@naturpark-oetztal.at)  
[www.naturpark-oetztal.at](http://www.naturpark-oetztal.at)



## Ötztal Tourismus

Gemeindestraße 4, A-6450 Sölden,  
[office@oetztal.com](mailto:office@oetztal.com), [www.oetztal.com](http://www.oetztal.com)



Ochsengarten	T 057200 820
Infopoint Ötztal	T 057200 700
Oetz	T 057200 500
Umhausen-Niederthai	T 057200 400
Längenfeld	T 057200 300
Sölden	T 057200 200
Vent	T 057200 260
Gurgl	T 057200 100

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