



# Sunrise & Mountain Breakfast

Photos: ©Ötztal Tourismus-Isidor Nösig (top), /Anton Brey (small photo top), /Alexander Lohmann (small photo centre, below)

## Every Sunday (26 June - 9 October 2022)

A real insiders' tip: We will enjoy the sunrise high above Sölden. Afterwards a fantastic, regional mountain breakfast awaits us at the Rotkogelhütte (2,666m). Having recharged, we start into a wonderful day. Across alpine meadows and cirques, we hike to the scenically charming Schwarzsee lake. This intensively researched lake is a natural history book waiting to be read. Deposits at the bottom of the lake allow us to draw conclusions about the climate in the past 10,000 years. Here at the lake, our next goal, the cross at the Schwarzkogel summit is already smiling down at us. Together we climb the 3,000m-peak. Afterwards we hike leisurely towards the glacier. A hike worth remembering.



<b>CATEGORY</b>	intermediate hike (time: 4 hrs., elev. gain 470m/loss: 400m)
<b>START/ ROUTE</b>	Rotkogelhütte shuttle - Schwarzsee - Schwarzkogel - Rettenbach glacier - bus to Sölden
<b>MEET HERE</b>	<b>June+July 5:30 a.m./ August 5:45 a.m./ Sept. 6:00 a.m.</b> Ötztal Tourismus - Sölden information office Sölden - Postamt;  Sölden - Postplatz
<b>EQUIPMENT</b>	ankle-high mountain boots, rain gear, provisions
<b>RETURN</b>	approx. 12:30 p.m. (depending on the start time)
<b>COST</b>	adults €15.00/ children (7-14 Jahre) €10.00 <u>free</u> for guests of Nature Park partner businesses and holders of the Ötztal Inside Summer Card + for ALL €35.00/pers. (Rotkogelhütte Shuttle + breakfast)
<b>EXTRA COST</b>	bus glacier - Sölden €14.00; <u>free</u> with Ötztal Inside Summer Card
<b>REST STOP</b>	Rotkogelhütte, Rettenbach glacier
<b>REGISTRATION</b>	book directly, <a href="http://www.oetztal.com/experiences">www.oetztal.com/experiences</a> , at your accommodation, at the Ötztal Tourismus information offices, <a href="mailto:info@oetztal.com">info@oetztal.com</a> , T+43 (0)57200-0, registration deadline: <b>previous evening (6:00 p.m.)</b>



ORGANIZED BY

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Höhenmeter bergauf  
470 m



Höchster Punkt  
3000 m



Streckenlänge  
6 km



Gehzeit / Gesamt  
4:00 h

